

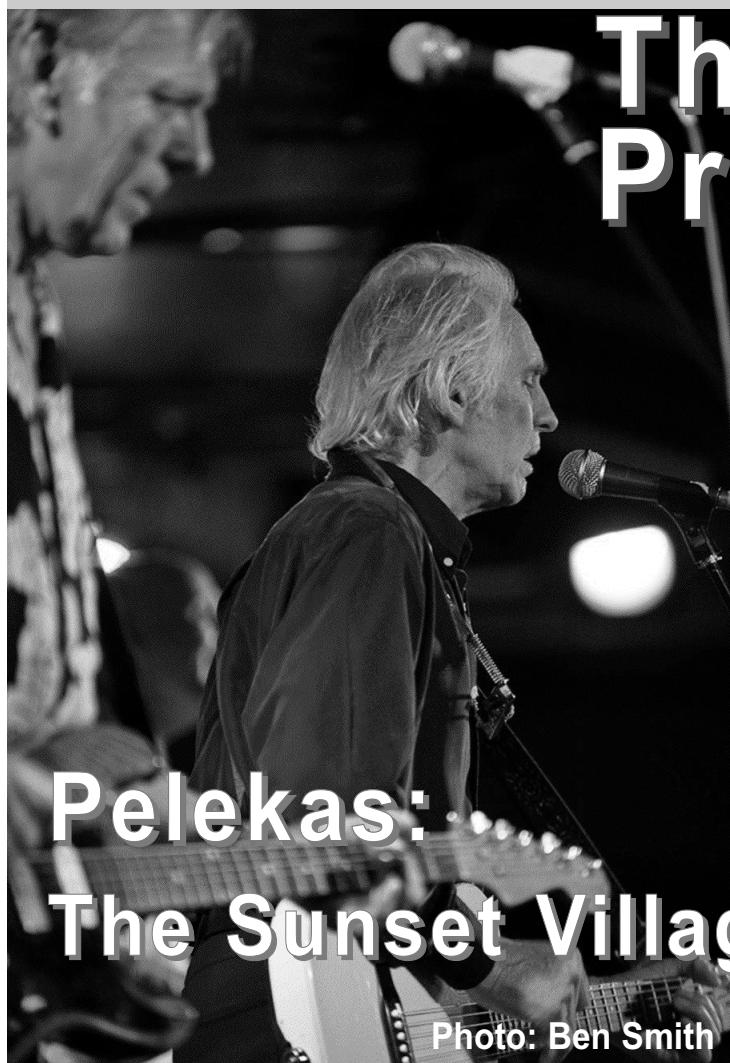
The Corfiot

Corfu's English Language Monthly Magazine

September 2009

2 euro

No. 225



The Dylan Project

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Edition

Pelekas:
The Sunset Village

Photo: Ben Smith

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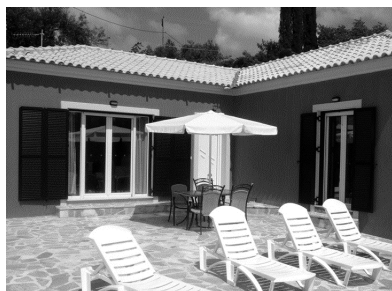
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The Corfiot

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Walk Corfu Town with John Waller

Just over a year after publication of 'Corfu Sketches - A thirty-year journey', which married Theresa Nicolas' sketches of Corfu Town in years gone by with John Waller's commentary, Mr Waller has brought out a set of four of walks around Corfu Town's World Heritage Site. The walks, which were in the book, are in the new format more user-friendly. They are printed on A5 sheets and laminated, and present the text and maps on one side, and (mainly) a selection of Theresa's sketches on the other, with cross references to where you'll encounter the same scenes on the walk.

The set, as well as the book, is on sale at Tourmouzoglou Bookshop at 47, Nikiforou Theotoki Street in the centre of the Old Town.

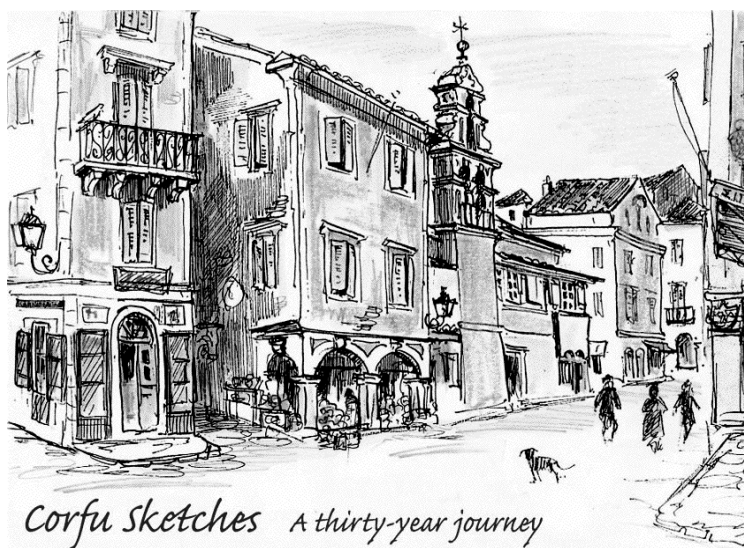
Walk 1: Along the Tourist Trail

Walk 2: To the Jewish Quarter

Walk 3: To the Old Port and the Market

Walk 4: To Campiello, the Old Town

You'll see Corfu Town with different eyes!



Corfu sketches A thirty-year journey

Sketches by Theresa Nicolas Text by John Waller

ear to the ground

GOODNESS GRACIOUS! A LOCAL BACKLASH IS IN FULL SWING against the drunken and debauched behaviour of young British visitors who holiday in resorts such as Kavos on Corfu and Laganas in Zakynthos. The visit in mid-July of Chris Bryant MP, Foreign Office Minister with responsibility for consular affairs, was seemingly an ingredient of this zeitgeist. The Minister toured Kavos to promote the British government's 'Know Before You Go' campaign, aimed at ensuring a maximum number of Brits enjoy safe and problem-free holidays. His message to the young people was 'have a great holiday, but within limits.'

The backlash was most notoriously highlighted in Malia, Crete, where a young Greek woman became a national heroine when she reacted to alleged lewd advances by a British tourist by pouring Sambuca liqueur on his private parts. She denies setting the liqueur on fire, thus causing second-degree burns to the young man's genitals.

Naturally, such a quirky story made headline news, but what is reported less is the plight of the 237 Britons arrested in 2008 on the islands of Corfu, Crete, Kos, Rhodes and Zakynthos.

The Mayor of Laganas - the Kavos of Zakynthos - complains that the British tourists 'roll off the plane drunk and then proceed to drink from morning to night. They don't seem to want to enjoy our island, our culture, our hospitality. All they want to do is create trouble.' Another Mayor, in Ithaka, sympathised with locals 'who want to preserve the beauty of their ancestral lands, but are forced to tolerate the ugliness of cheap tourism.'

Tourism officials and locals blame the major tour operators, who handle 90% of Greece's three million British visitors, for the debauchery, accusing them of both blackmailing the local tourism industry and encouraging the inebriation of their clientele.

But others accuse the locals of 'selling out' to the tour operators. John Gill, author of the first Rough Guide to Corfu and the Ionian Islands, writes of strands 'transformed into funplexes... built by Greek businesspeople, all of whom had happily got into bed with the tour operators... It is more than a little disingenuous for the authorities [of] anywhere catering to bingeing Brits, to have turned their coastlines into one very long Blackpool and then act surprised when visitors start behaving as if they were in Blackpool... this bad behaviour can be traced back to Margate and Southend in the 1960s and to the 19th-century Wakes Weeks and earlier.'

His solution? 'Bad behaviour by tourists could be stopped by bar owners and their staff refusing to serve people who are drunk. Public order could be maintained if the police were a little more vigilant. Tour operators could help by paying their reps a decent wage rather than incentivising them to get clients drunk to earn commission from favoured bars and restaurants.'

It would maybe help to ban 'cheap shots' made of methanol alcohol (the sort that kills and blinds street alcoholics). Some local drinks businesses manufacture this so-called 'bomba' for the express purpose of getting people plastered with 'BOGOF' (buy one get one free) offers. Also the 'breezer' type drinks, where the alcohol content is disguised under a fizzy pop taste.

But while young Brits continue to booze and binge in their own home towns, how can we expect them to behave any differently when they come on holiday?

SOME GOOD NEWS FOR DRINKERS IS THE LAUNCH OF CORFU'S FIRST REAL ALE (maybe the first in Greece!), by the Royal Ionian microbrewery in Arillas. It's now - less confusingly - called 'Corfu Beer', and joins the brewery's 'stable' of lager and pilsner beers, launched last year. If you're organising an event, it's worth knowing that the business can supply a very professional mobile bar, with four dispensers and staff to run it! Royal Ionian beers, and Corfu Beer Real Ale, are available at branches of Sconto Supermarket - and you can also visit the brewery, by the petrol station on the Magoulades road between Arillas and Agios Stefanos.

And we heard that the brewery has just had a visit from CAMRA (Campaign for Real Ale). No doubt we'll be hearing more. Cheers!

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SUNDAY SERVICES

Sundays 10.30 Holy Communion
19.00 (1st, 3rd & 5th of month) Songs of Praise
(Sunday School & Youth Group run same time as Services except Family Service)

REGULAR EVENTS

Mondays 19.00 Craft Group (1st & 3rd of month)
Tuesdays 10.00 Library & Coffee Morning
Wednesdays 10.00 Coffee & Kids
Wednesdays 12.30 Lunch Box - pot-luck lunch and chat
Wednesdays 19.00 Scrabble Club (last Wed. in the month)
Thursdays 10.30 Bible Study, the Old Testament (new series)
Fridays 10.00-12.00 Informal Prayer Meeting

The Revd. Michael Counsell is acting as Locum Chaplain until 13 September.

A second Bible Study group meets on Monday evenings at 17.30 in the back of Takis Taverna, Kontokali, repeating the study of Thursday. If you would like to join, call Anne on 6942 844376 or Rhona on 6975 914373.

Art Auction! In Aid of Corfu Donkey Rescue

Corfu Donkey Rescue's Art Auction has been postponed to 13 September. The auction features work by local artists and aims to raise funds for the construction of a new donkey hospital at Doukades.

Where: Hotel Nefeli, Kommeno
When: Sunday, 13 September
20.00 for 21.00

Can you contribute any artwork of the island?
Please contact Katie Flower for more information:
katiejaneflower@googlemail.com
0030 6955 263740

Please visit our website to learn more about the important work we do:
www.corfu-donkeys.com



This month's name days

01. Athina, Angelis, Antigoni, Aspasia, Afroditi, Kleopatra, Margarita, Marianthi, Simeon

14. Stavros

Important fiesta day.

Festival at the village of Stavros, at Dafnata

15. Nikitas

17. Agapi, Elpida, Sofia

18. Ariadni

20. Evstathios

23. Polixeni

Name-day ritual dictates that you visit the home of the celebrating person, who will be holding an 'at home' - no invitation required. Take along a simple gift (alcohol, flowers, cake) and you will be offered a drink, nuts, cake, and some nibbles.

Fiestas start about 8pm with traditional music and dancing, local wine, spit-roasted lamb, souvlaki and stalls selling unbelievably tacky toys!

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Book Sale

ACHARAVI

Organised by and for the Council of Thinali Parents' Association. Held on Acharavi High Street opposite Ilo Ilo between 10.00 & 1.00 every Saturday (weather permitting). All our books and handmade cards are 1.50 euros, and proceeds are used to enrich the lives of children attending Acharavi Primary School. Most of the books are donated by local residents, and local hotels and apartments are also encouraged during summer to recycle and donate books left by holidaymakers.

FRONT PAGE FEATURE



The AGIOTFEST organisation is serious about providing a value for money evening. For 20 euros, the all-seated audience will enjoy five hours of top class music, with three bands supporting the Dylan Project as the climax. The telephone number for the 'box office' is 26610 58177. Space is limited, and priority will go to ticket holders.

If you enjoy this evening and would like information for 2010 please visit:

www.agiotfest.co.uk

AGIOTFEST 09, which takes place in Agios Ioannis village square on 12 September, has as its headline act the Dylan Project, comprising former and present members of Jethro Tull, Fairport Convention, Little Johnny England and the Steve Gibbons Band. As the name implies, they perform Bob Dylan numbers, but not only... there will be lots of renditions of Jethro Tull and Fairport as well as new compositions. They intend to rock the house down!

THE DYLAN PROJECT

The Dylan Project was formed some ten years ago by Steve Gibbons and Dave Pegg, who had originally met when playing together in a Birmingham band called the Uglys. The Corfu line-up will comprise Steve Gibbons (vocals) and PJ Wright (lead guitar) from the Steve Gibbons Band, Dave Pegg (bass guitar) of Fairport Convention, formerly with Jethro Tull, Phil Bond (keyboards), a Dylan regular and Greek music fan, and Gerry Conway (drums), also from Fairport.

EAST OF MEMPHIS

Richie Henderson and Sheila McWhirter are two popular Edinburgh singers whose history dates almost 25 years, starting from the local pubs and graduating to bigger and better things. Richie, an AgiotFest stalwart, has worked alongside many major acts, including the former Fairport vocalist Richard Thompson. His band, The Liberties, the first Scottish country band to be signed to a major record label, Chrysalis, with debut album 'Distracted'. He has opened for acts such as Smokey Robinson and Cliff Richard. Meanwhile, Sheila has worked with Phil Cunningham, Aly Bain, Avalon and many

other popular Scottish folk artists. With a dynamic but sympathetic voice, she can capture a heart with immediate effect. East Of Memphis offers a wide variety of some well-known and some lesser-known songs that could almost be their own. From Leonard Cohen to Lennon/McCartney, the whole package is there.

OMEGA 5

Omega 5 was formed five years ago on Corfu, and operates out of the north of the island. Lead guitarist Paul Stenton has worked with many big names, including in sessions at Abbey Road. Barry Packman has been playing since the early 1970s and has worked with Fairport Convention, 10cc, War and Big Jim Sullivan. Steve Dell is the ex-singer with 1980s rock band Tiger Tail. On drums, Nige Howard-Smith, formerly Changing Faces Band, worked for years in bands around Sussex. On bass, Steve Henshaw from north-east England has been playing since the 1970s with bands all over the UK.

THE GOOD OLD BOYS

Frank Bloomfield and Russ Bartlett play electric, acoustic and pedal steel guitars with vocals. Now enhanced by harmonizing equipment, they can sound 'almost' a full five-piece harmony group with a vast range of music to cover all tastes. They play regularly at numerous locations throughout Corfu - you name it, they do it! Joining them is Jemma Bartlett, at 19 the youngest performer at Agiotfest. She plays guitar and some keyboards and is currently experimenting with recording other material.

Continued on page 17

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New Guidebook opens up the island for Kids

by Hilary Paipeti

No-one with children should be without the just-published **Corfu4Kids**, a prototype new guidebook which leads the reader to 'an island-full of fun things to do with kids'. The book is the creation of Mark Ritchie, who around 15 years ago brought the SkyMap concept to Corfu, soon branching out to other cities and islands in Greece. It contains 191 venues, including water parks, child-friendly beaches, picnic spots, animal parks, sports grounds, party ideas, museums and lots more. Grab your kids and go out and have FUN!

Corfu4Kids follow the success of **Athens4Kids**, published earlier this year, and will be followed soon by **Crete4Kids** and **Rhodes4Kids**.

Mark developed the 4Kids concept after a visit to Copenhagen in 2005. 'My 4 year old daughter and I had been twiddling our thumbs for two weeks waiting for my son, her brother, to be born. My Danish wife, late as usual, though heavily pregnant was running around Copenhagen visiting clients, doing business and far too busy to show us around the city she was born in. So, bored, we stumbled onto this great book that had researched what to do with your kids in Copenhagen, and used it religiously. Everyday we visited a local museum, animal park or some activity centre. It saved our lives.' **Athens4Kids** was the result.

Corfu4Kids is now available in bookstores, along with the new edition of Corfu SkyMap. For information, please call SkyMap on 210 8942777.

AUTUMN WALKS

The winter-long programme of group walks begins this month with a special trip! Phone 6934 396335 for information. Guiding fee 2 euros per person.

SATURDAY, 19 SEPTEMBER Avlaki:
Cape Agia Varvara and the Lagoons
(2 hours ** NEW!). Meet at Agios Stefanos Car Park, 10.00 for onward car journey (please do not car-share as we need space for transfer) Swimming and lunch at Avlaki.

SATURDAY, 26 SEPTEMBER Stavros:
In Search of Oberon & Titania (2 hours **)
Meet at Koyevinas Road Junction, Stavros, 10.30. Lunch at Paxinos, Benitses.

SATURDAY, 3 OCTOBER Lefkimmi:
Riverbank, Salt Pans & Olive Groves
(2 1/2 hours **) Meet at The River Taverna, Potami, Lefkimmi, 10.00 for 10.30 start. Lunch at The River Taverna.

SATURDAY, 10 OCTOBER Porta: The High Tracks and the Oak Forest (1 1/2 - 2 hours **)
Meet at the Old Schoolhouse Taverna, Porta, 10.00 for 10.30 start. Lunch at the Old Schoolhouse Taverna.

MUSIC!

The Bar - Restaurant in the Old Fortress holds Jazz Sessions every Wednesday evening

Also on Wednesdays, @home at Danilia (by Spiti Nikos) holds jamming sessions. Kitchen open from 19.00

On Mondays, Cricketer Taverna at Liapades Beach has a Jazz, Rock and Blues evening beside the pool

On Thursdays, Cricketer's Greek Night is followed by an impromptu show by locals. Book on 26630 41115

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ANIMAL WELFARE

News from The Ark

Summer Party

The Ark's Summer Party, though very different from normal, was so successful we hope to repeat it. We had the idea to organize a informal music event in the lovely estate belonging to the president of the Ark, Sylvia. With the help of many people, it was a magical evening. Enthusiastic musicians performed for free, little snacks, all home made by volunteers, were served by youngsters in Corfiot costumes, and the bar had plenty of drinks (although we had to get an extra 20 litres of wine not to be short!). It all contributed to the lovely atmosphere that evening. Special thanks to the four fantastic music bands who played until the early hours. Thanks also to John D. who although injured by a car accident did a lot of the organization; and just to name one more out of all, Lucy S. who was the dynamo behind much of the event.

The Benefit of a Chip

We often find male dogs wandering and lost. They escape from their homes when they smell a bitch on heat - which they can from as much as ten kilometres distant - and can't their way home. When we find a lost dog that obviously is not an abandoned one, we put them on our website (www.corfuanimalwelfare.com), and also on posters.

Recently we successfully reunited Rudy, lost for two months, with his owner Sotiris, who saw the poster in Corfu Town, put up only the day before. Where he had been all that time is a mystery. Now Sotiris is aware that a good collar with his mobile phone number written on the collar or a tag would have eased the return. Also, a chip would have been helpful as we always check for one. For the first time in nearly four years another dog we found did had a chip, so the owner was identified. In the case of change of ownership or address remember to notify the chip registration office.

Rehomed in Corfu

We hope we will always track down the owners of lost dogs. But if they are abandoned...

We are always looking for good homes for stray dogs, so if you would like a lovely loyal dog or puppy, please contact us on 26610 32111 or 6979 798202.

A family with four children came to us for a puppy, but after discussion they also had a look at the grown-up dogs. Often people think they want a puppy so they can 'teach it everything', but they underestimate the time and effort this requires. An adult dog with a nice character saves a lot of trouble: no chewed wires, chairs, cushions and so on. The family chose a small adult white hairy doggie, even though his legs were

filthy. So little Loempie became the new member of the family. When I visited them he was spotless, as they'd taken him to Christiana's dog salon for a wash and haircut. Now when the family go for a walk to the main square, Loempie is part of the crowd. People often ask them which breed he is: 'Dopia Kerkyras' (pure local Corfiot) should be the answer to describe all those lovely mixed-breed doggies there are here on the island.

Rehomed Abroad

But there are too many unwanted dogs to find good homes for in Corfu. Luckily, though, caring foreign families also adopt our friendly animals into a new safe home abroad. For countries like Holland and Germany, the procedure is simple, while for England, Ireland and Sweden it is more complicated.

One recent example was 'Shell', who went with a family to Holland. This young but rather large dog was thrown out of a car one Sunday. The owner of the Shell Museum in Benitses saw it happen, but was not fast enough to write down the number of the car... and the poor dog was straying on the main road. So he phoned the Ark. Luckily the dog was very friendly and integrated quickly with the others.

He was checked for a chip - as usual there wasn't one - but he had two small lumps. They were removed and sent for a laboratory check - luckily it was nothing.

Then a Dutch family who have holidayed in the north of the island for years wrote us an email asking for a friend for their rescued doggie from Spain. They came to visit, and more or less immediately Cecile had her eye on 'Shell'. Since his scar had not healed she sympathised with him, so regardless the outcome of the laboratory tests, they took him back to their holiday home and all went well, both with the new owners and with the dog friend from Spain. Now renamed Mythos, he lives in Holland. So the Sunday trip which saw him thrown out of a car in Benitses had a happy ending.

World Animal Day

The 4th of October is World Animal Day - of course, every day should be 'animal day' - so please look out for Ark posters advertising what we will be organising as a celebration. And if you have some spare time on any day to help please contact us - the animals need you (Louisa 6979 798202).

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Most people feel anxious from time to time. However, anxiety can become abnormal if it interferes with your day-to-day activities. Anxiety is a symptom of various 'anxiety disorders' which are discussed below.

When the body and mind react to danger or threat, a person feels physical sensations of anxiety - things like a faster heartbeat and breathing, tense muscles, sweaty palms, a queasy stomach, and trembling hands or legs. These sensations are part of the body's fight-flight response. They are caused by a rush of adrenaline and other chemicals that prepare the body to make a quick get-away from danger and they can be mild or extreme.

DIAGNOSIS

Anxiety disorders are mental health conditions that involve excessive amounts of anxiety, fear, nervousness, worry, or dread. Anxiety that is too constant or too intense can cause a person to feel preoccupied, distracted, tense, and always on alert. They affect people of all ages, including adults, children, and people in their teens.

TYPES

Different anxiety disorders are named to reflect their specific symptoms:

Generalized anxiety. With this common anxiety disorder, a person worries excessively about many things. Someone with generalized anxiety may worry excessively about school, the health or safety of family members, and the future. They may always think of the worst that could happen.

Obsessive compulsive disorder (OCD). For a person with OCD, anxiety takes the form of obsessions (bad thoughts) and compulsions (actions that try to relieve anxiety).

Phobias. These are intense fears of specific situations or things that are not actually dangerous, such as heights, dogs, or flying in an airplane. Phobias usually cause people to avoid the things they are afraid of.

Social phobia (social anxiety). This intense anxiety is triggered by social situations or speaking in front of others. An extreme form called selective mutism causes some kids and teens to be too fearful to talk at all in certain situations.

Panic attacks. These episodes of anxiety can occur for no apparent reason. With a panic attack, a person has sudden and intense physical symptoms that can include a pounding heart, shortness of breath, dizziness, numbness, or tingling feelings caused by overactivity of the body's normal fear response.

Agoraphobia. This is an intense fear of panic attacks that causes a person to avoid going anywhere a panic attack could possibly occur.

Posttraumatic stress disorder (PTSD). This type of anxiety disorder results from a traumatic or terrifying past experience. Symptoms include flashbacks, nightmares, or constant fear after the fact.

TREATMENT

Antidepressant medicines can treat certain anxiety disorders.

Tranquillisers like benzodiazepines can help to relieve some short term anxiety symptoms, but if they are taken for long term they can cause addiction.

Beta-blockers can relieve some physical symptoms like palpitations and shaking, but they don't affect the psychological symptoms.

Buspirone also can help and it is not addictive.

Herbal remedies like valerian.

Psychotherapy - Counselling may help some people with certain conditions. For example, counselling which focuses on problem solving skills may help if you have generalised anxiety disorder.

Hypnosis is used in combination with cognitive-behavioral therapy for anxiety. While you're in a state of deep relaxation, the hypnotherapist uses different therapeutic techniques to help you face your fears and look at them in new ways.

Relaxation techniques. When practiced regularly, relaxation techniques such as mindfulness meditation, progressive muscle relaxation, controlled breathing, and visualization can reduce anxiety and increase relaxation and emotional well-being.

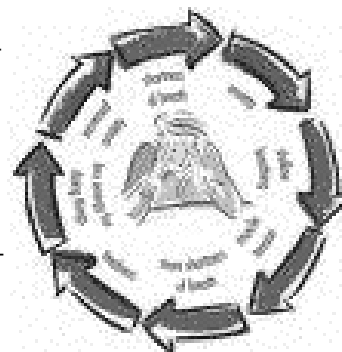
Understanding the cause of symptoms, and talking things over with a friend, family member or health professional may help.

Exposure therapy for anxiety disorder treatment, makes you confront your fears in a safe, controlled environment. Through repeated exposures, either in your imagination or in reality, to the feared object or situation, you gain a greater sense of control. As you face your fear without being harmed, your anxiety gradually diminishes.

Acupuncture also can help to reduce your anxiety symptoms.

OUTCOME

Anxiety is a part of life. You may feel anxious before you take a test or walk down a dark street. This kind of anxiety is useful as it can make you more alert or careful. It usually ends soon after you are out of the stressful situation. Try to stay patient and positive. But if your anxiety is excessive and causes problems to your daily activities consult your doctor and ask for help.



CORFU WALKS

Relaunched: 'The Corfu Book of Walks' Now available as: 'The Complete Book of Corfu Walks'

In response to popular demand, the publisher of The Corfiot Magazine has just launched 'The Complete Book of Corfu Walks', a follow up to the successful and much acclaimed 'Corfu Book of Walks' (1987) and 'Second Book of Corfu Walks' (1995, 1999). Ten years down the line, author and Corfiot editor Hilary Whitton Paipeti has catalogued many new walks, and made changes and improvements to old favourites from the books. Already, the publication contains 60 walks, and a total of over 100 is planned within the next two years.

But walkers are not expected to carry around a heavy tome, which would run to a couple of hundred pages if published conventionally (and at an accordingly heavy cost!). The trick is Internet publishing; the guide comprises a pdf file, with each walk on one or two A4 sheets. Maps are not yet available, being expensive and time consuming to produce, but will be added later on a separate Internet page, accessible with a browser code.

On the Home Page, the author writes:

For over 25 years I have been walking the length and breadth of Corfu, hiking in its mountains, and rambling in its olive-blanketed hills and open plains. The more I explore, the more I confirm that the island of Corfu is a walker's paradise, with a huge variety of scenery, lovely footpaths and trails, many places of interest to aim for, and - despite heavy development in a few places - an unspoilt and venerable atmosphere.

For the purposes of this book, I have divided Corfu into 11 geographical regions, and the walks have been placed in them according to their starting point or according to which other walks they best link with (though their route may intrude into an adjoining region). The area do not necessarily coincide with Corfu's administrative districts (Dimoi). In many of the walking regions, the routes form a footpath network, and they may also link with routes and networks in adjoining regions. Thus, many locations are ideal as a base for a walking holiday. In addition, the walking regions are all linked with each other by way of the Corfu Trail, the island's long-distance walking route (www.corfutrailguide.com). Some areas, like the North East Coast and the Deep South, are not yet fully explored in this book, but next spring will see them better represented.

The Complete Book of Corfu Walks is now on sale at a price of 20 euros, with payment set up via the secure and user-friendly PayPal system. As soon as payment is verified, the purchaser will receive by email the pdf copy (file size 750 KB approx).

Buyers' contact details will be kept on record, and they will be sent FREE UPDATES on an annual basis or upon request, for three years after purchase. This means that the guide can be continually brought up to date - unlike a printed edition, which rapidly loses relevance due to changes on the ground. Corfu Walks buyers are encouraged to help by sending information about any changes they encounter.

Additionally, for people who do not wish to use PayPal or for those who do not have access to the Internet, copies are available on CD ROM in Corfu Town bookshops. A further service is local walking guides on CD - a perfect solution for visitors who wish to explore their immediate area. Containing fewer walks than the main guide, these are priced at 10 euros. The areas covered are North West Corfu (21 walks), Acharavi and the Pantokrator Massif (11 walks), Paleokastritsa and Hinterland (11 walks) and Central Corfu and the Agii Deka Massif (14 walks). The CDs will soon be available in selected outlets within the area covered - please call 6934 396335 for the location of your nearest stockist.

www.corfuwalks.com

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OUR PREMISES ARE NEAR TRIA YEFIRIA, ON THE LINKING
ROAD BETWEEN ETH. PELEKAS AND ETH LEFKIMMI



This wonderful walk takes you on a circuit of the high ridge south of Stavros. You reach a delightful chapel by way of a track, then return along a mountain footpath. Throughout, the views are spectacular.

Area: Agii Deka Massif
 Nearest Resort: Benitses
 Starting Point: Dafnata Viewpoint
 Time: 1 1/2 - 2 hours
 Ascent: 200 metres
 Rating: Moderate
 Terrain: Tracks, rough paths
 Shade: Negligible

THINGS TO SEE

Roman Bath House, Benitses
 Corfu Shell Museum, Benitses
 The Achillion Palace, Gastouri
 Kaiser's Bridge, Perama

PLACES TO EAT

Dafnata Grill Room, Dafnata
 Paxinos Restaurant, Benitses

OTHER WALKS IN THE AREA

Benitses: The 'Water Walk'

Stavros: The 'Vouno' and Pantokrator Chapel

Start on the Stavros road, at the viewpoint on the corner (Dafnata, a couple of kilometres up from the junction on the road between Agii Deka and Strongili). Take the road on the outside of the bend, steeply uphill on concrete. At the top of a longish climb, the way levels out, with magnificent views over the valley. The track, now dirt, undulates along the hillside, then descends to the little church of Pantokrator, set on a pinnacle above the valley. It has a delightful shady yard with table and benches. The track stops at the chapel, so to continue you backtrack a few metres to where a small path plunges off to the left. It is marked: Stavros 45'. The path is very steep in places, and the rough rock steps can be slippery (a slightly easier path, also marked, leads down to join it - backtrack another hundred metres to find its start). At the foot of the descent, the path levels off (the other path joins here) and runs along a ledge with a cliff on the right and trees on the left. Then it starts to climb again, and emerges onto the open hillside. Still ascending, it swings to the right around the foot of cliffs, and curves down and around a side valley. Keep to the main path above olive trees and you are soon into the houses of Komianata. Bear right at the little square; the alley takes you onto the village access road. Keep straight on and in a few hundred metres you are back at your starting point.

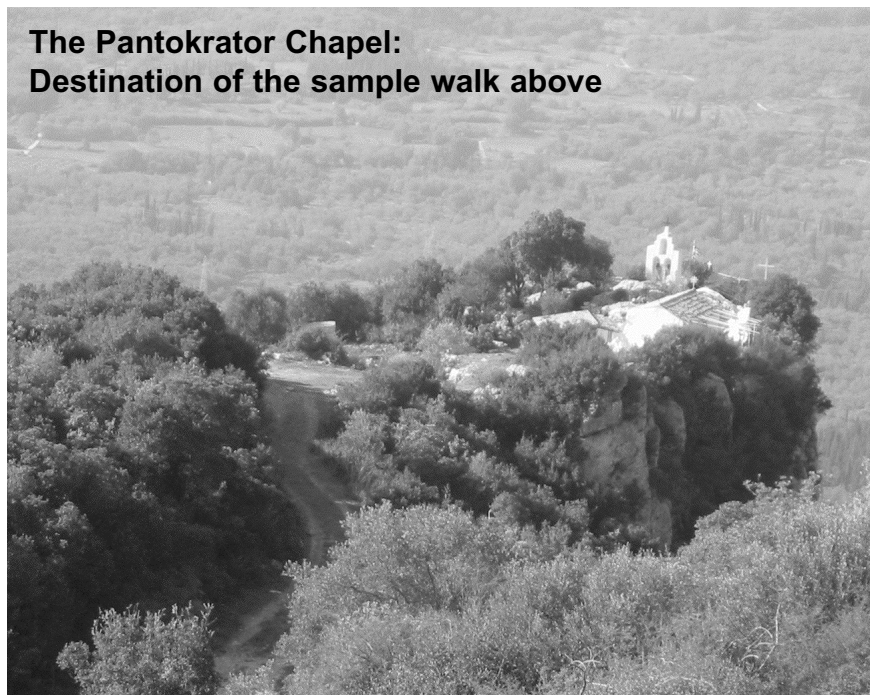
The Corfu Trail

For information, call 6934 396335

The *Companion Guide to the Corfu Trail* is now available as a pdf download from www.corfutrailguide.com

For the programme of regular Saturday walks, see page 7

**The Pantokrator Chapel:
Destination of the sample walk above**



Pelekas

The Sunset Village... and much more

 Hilary Paipeti

A villa rep was suggesting some places to visit to some clients who had just rented a car.

'You should really visit Pelekas,' she said. 'It's got a fantastic view over all the centre of the island.'

'Hmmm... Pelekas... I've heard something about Pelekas. Now, what was it?'

'Well, the Kaiser used to go there to watch the sunset...' she prompted.

'Yes! It was something about the sunset... I've got it! Isn't that the place where the sun actually sets?'

...which accounts, of course, for all that mist (steam!) that hangs over the west coast hills in the early morning...

(The above, incredibly, is a true story.)

Indeed, Pelekas is famous for its sunsets, especially at those times of year when the position of the sinking sun makes it seem to slide down the hillside into the sea. But Pelekas is much more than just sunsets; it's also one of the most vibrant communities on the island.

For a start, it's one of very few (if not the only - correct me if I'm wrong!) village-resorts to have its own dotcom website (www.pelekas.com), which instead of being a self-promoting site for a single profit-making business is dedicated to developing and enriching the village. It's also become a focus for artists and other talented folk, local as well as foreign.

No-one knows exactly when the settlement was founded, though mentions exist in documents from the 15th century. Census records show a steep increase, from the 18th century onwards, in the human population, as well as in the number of olive trees (possibly related). In 1759, there were 283 residents and 4,748 olives; by 1879, 685 people lived within the community. A survey undertaken by the French administration at the end of the First World War (1917, published 1918), shows the village - together with Kokkini which fell within the same community - with 1,120 residents, and 20,000 olive trees producing 140,000 kilos of oil. In addition, it produced corn, wheat, barley, potatoes (100 tonnes annually) and grapes. The farmers owned 40 oxen, 100 sheep and 20 goats and also grew animal fodder in abundance.

In the 1970s and 80s Pelekas became a destination for mainly young backpacking holidaymakers, and the traditional appearance of the village was somewhat compromised by the construction of accommodation units and all the accessories that the tourist dollar brings. Still today parts of the setting are marred by half-finished buildings, abandoned when the visitors moved on.

But along the alleys, the old Pelekas is still to be found. Starting from the square with its half-dozen bars, take a rewarding stroll. Looking towards the outside of the bend, head up the left-hand

alleyway, observing architectural details as you go: arches and corbels, doorways and keystones. You might spot the 'Kaminada', a fine chimney which used to be part of a flour mill, though it is considerably more choked in ivy than in the photograph (below).



The alleys run out in a little neighbourhood, but if you backtrack and then head up to the right, another alleyway takes you back onto the main street a little higher in the village.

The fine detail of Pelekas' architecture along these alleys is captured in the photographs of Caroline Gerstad, who used to live in the village. Caroline does structure, not grand views, morphing man-made and natural details almost into an abstract form: the twist of a handrail, the fall of a set of steps, the line of pan-tiles on an old roof. You can see examples on the pelekas.com site.

PELEKAS IS ALSO HOME TO:

Australian artist **Warren Curry**, whose Greek base has been Pelekas since 1998. To complement his own dazzling artistic career (which includes 38 solo exhibitions in Oz and over 30 major awards), Warren has been sharing his skills by organising painting holidays, providing other artists with the opportunity to enjoy the dramatic scenery, wonderful villages and colourful traditions of the area. His quirky paintings, in which every plane tilts and cants, document scenes from the life of the villagers, from weddings and funerals to the graphic depiction of a crone struggling up a dizzying alley (Hlomos?).



FEATURE

The Lemon House. Artist Sally Peacock works with water-colours to produce delicate but strongly defined vignettes of local scenes and still-lives. She markets her production as greetings cards - immensely popular as souvenirs as well as for posting - but her work is also gaining recognition in the form of full-size original watercolours and prints, now becoming available in selected shops. You'll pass the Lemon House - a private residence - during your alleyway stroll. See www.lemonhouse.com

The Witch House. Perhaps Corfu's most unusual gift shop, the Witch House is owned by two talented local women with skills that range across the whole spectrum of craft design. The 'magical' signature theme is witches, mostly portrayed in full cackling broomstick flight or in tall and spooky houses. Each piece, a microsculpture in stoneware, is unique. Voula and Katerina also produce 'Phos' jewellery, in which 'light plays in colours reflected from crystals combined with precious metals such as platinum, gold, silver and titanium.' Not content with that, they also work in Vitro (Tiffany-style glass) and make key rings and other small items using beads they fire themselves.



The Museum of Traditional Greek Costumes and Corfiot Folk Music. See panel, right..

The Radio Controlled Cars Fan Club of Corfu Racetrack. Located close to the crossroads below Pelekas, the dirt track is free for 'drivers' of radio cars (except during siesta - it's noisy!). On Monday, Wednesday and Saturday, late afternoon, club members practice, and Sundays between 11.00 and 13.00 (except if it rains) see races in three categories. It's totally riveting to watch the cars jumping, flipping and crashing, and kids of 12 and above who have their own cars can join in the whacky races!

Nearly 40 years in the making, a stunning collection of Greek traditional costumes is on display in a private museum near Pelekas. **The Museum of Traditional Greek Costumes and Corfiot Folk Music** is the work of Loula Gkotsi (below), Pelekas resident and former dancer in the world-renowned Dora Stratou Theatre, which did so much to preserve the heritage of Greek dancing at a time when the country was moving fast into the modern world.



Laid out over the lower floor of Loula's family home, one kilometre before Pelekas and opposite the 'graffiti wall', the Museum is packed with costumes from all over Greece as well as many pieces of clothing, from delicate handkerchiefs to richly embroidered surcoats. The display area is decorated with old furniture and artifacts.

Loula fell in love with Greek costumes while working as a dancer, and started her collection as a result. The museum contains 18 complete costumes, but they were not acquired integrally. 'I didn't just walk into a shop and buy a whole costume,' explained Loula. 'Supposing I found a surcoat from Macedonia. Because of my experience in the Dora Stratou Theatre, I knew what elements went with it to make up the full costume. I would then go out and search for those elements.'

Loula has arranged the costumes according to geographical area, so that one room - for example - contains those from the Epirot Mainland, and another from Macedonia. Even within limited areas, each village had its own distinct characteristics (such as a particular sleeve, an embroidery motif or a way of draping a headdress), and it is fascinating to see the different symbols appearing within the overall general style of the region.

Loula's son is a student of music at the Ionian University, and he has put together a collection of traditional Corfiot songs, secular and religious, which visitors may listen to - another initiative aimed at preserving a heritage which within a couple of generations could so easily be lost.

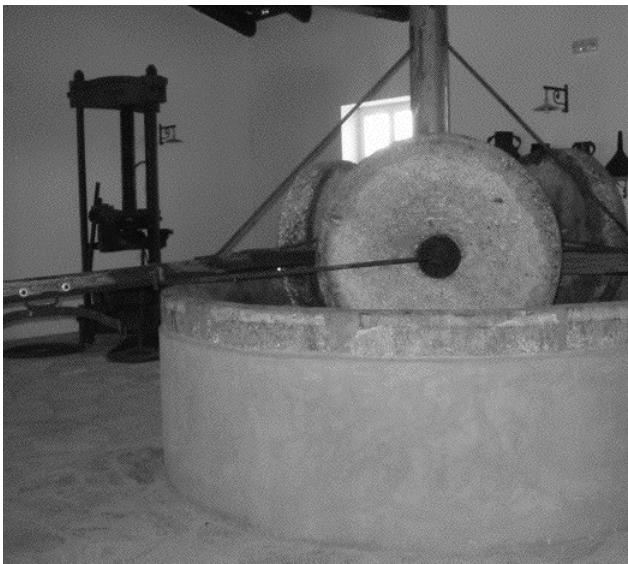
The museum is open from 10.00 to 13.30 or by advance notice. Tickets cost only 1.50 euros. Phone 26610 94548 (Greek only) or 6932 515421. Email axedesfa@yahoo.gr

Panaretos Ceramics. Husband and wife team Kostas and Klio do pioneering work which gained them the top prize in the ceramics section of the Athens Cultural Olympics. They have revived an ancient technique called 'Terra Sigillata' to create unique pieces which must be seen. The workshop is just below Pelekas on the road towards Corfu Town. Some of their work is pictured on page 12.

A dynamic programme of cultural events. The Cultural Society of Pelekas was established in 1979 and is self-funded. It maintains local traditions and coordinates festivals, and boasts three choirs as well as a dance troupe. This summer saw their most ambitious - to date - programme of events, which culminates on the 24th September with the traditional festival of Myrtiotissa, when the famous Monastery of the Virgin of the Myrtles will be open to the public. The Monastery was founded after someone found an icon of the Virgin Mary hidden in some myrtle bushes, hence the name.

ALSO CLOSE TO PELEKAS ARE:

The Theotoky Estate. See panel right.



The Triklino Vineyard Visitor Centre and Museum of Oil and Wine offers a guided tour of the traditional premises (above), culminating in a short film showing how oil and wine used to be made. You then you enjoy a mezze featuring local products. The Centre is on the road from Pelekas to Corfu Town, about five minutes from the village.

Four beaches 'belong' to Pelekas or are 'shared' with neighbouring Sinarades and Vatos. Called the 'Golden Beaches', they are, from south to north, Gialiscari, Kontoyialos (Pelekas Beach), Glyfada and Myrtiotissa (the island's so-called nudist beach).

All good reasons to make acquaintance with this thriving, vibrant village!

The Theotoky Estate is a 300 acre estate on the fringes of the Ropa Valley. The long hill which comprises the main extent of the estate is almost completely covered with pines, olives and vineyards. The Farm Shop sells its organic cold-pressed olive oil, as well as Theotoky wine (white and red), made from the farm's own grapes, and one of the oldest and most respected estate-bottled vintages in Greece - all at outlet prices. The Estate is just north of the Golf Club, about five minutes from Pelekas. Take the road straight on at the Ermones Bridge.

A few years ago, under the direction of the Antonopoulos Winery, the wine-making equipment was completely renewed and modernised, bringing the finished result to a standard that complies with modern-day tastes.

At the same time, the buildings which now house the wine in barrels and bottles was completely renovated in traditional style (pictured below). The upper floor comprises a private library of books collected by the Theotoky family, many of them Venetian, which has been catalogued by the Sorbonne.



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MUSIC FEATURE

Divertimenti in Corfu

Autumn Festival of Classical Music

27 September - 4 October 2009



The 18th year of the Divertimenti in Corfu String Quartet Festival brings some changes, and lots of extras, for guests of its Corfu-based organisers, Chamber Music Holidays and Festivals. For a start, this year's accommodation is in the boutique Levant Hotel, supremely located on the hilltop above Pelekas (Kaiser's Throne), so that guests can enjoy the proximity of a traditional village and the dramatic west coast beaches.

This year's programme also includes two days in Albania, visiting the amazing archaeological site of Butrint and the historic Ottoman town of Gjirokastra. Another highlight will be a day coach trip to the Mainland, with a visit to the Oracle at Dodona, the city of Ioannina, the Zitsa Monastery where Byron stayed and wrote his famous Stanzas, followed by a wine tasting at the adjoining Glinavos Winery, and of course a concert as climax. The event celebrates. Like the programme of concerts, local residents may join the guests and musicians, though places are limited and early reservation is essential. Information and bookings on cmhf@otenet.gr

Among the other excursions are an archaeological tour of the main museum and the Paleopolis area at Mon Repos; a tour of the mountainous north and an exploration of the south; a boat trip up the North East Coast; a visit to the Triklino Winery.

The musical aspect of Divertimenti will be led by the Herold Quartet from Prague, who delight audiences with their fantastic concerts. The programmes will include Haydn, Mozart, Beethoven, Schubert, Dvorak, Smetana and Ravel. Once again this year there will be a Candlelit Baroque evening, in a converted Venetian Olive Press; and concerts in a Winery with an Art Exhibition; an historic Venetian Mansion; a superb private villa with stunning views and gardens; and a delightful Country Club in the north of the island.

The Herold Quartet comprises Petr Zdvihál, Jan Valta (violins), Karel Untermüller (viola) and David Havelík (cello). They have had a highly successful career playing concerts in Europe - including tours of the UK, Austria, Greece, Italy, Spain, Germany - as well as their home country, the Czech Republic, and the USA, Australia and Japan. Their recordings, which will be available at all concerts, have received great critical acclaim. Their concerts in Corfu in 2004 and 2007 were highly successful and many people asked for them to return. It would be advisable to make early reservations for this year's concerts.

CONCERT PROGRAMME

Sunday 27 September - 21.00

Dr Anthony Stevens' villa, Vassilika - by invitation only

Haydn: String Quartet E-flat major 'The Joke'

Mozart: String Quartet in B flat major 'The Hunt'

Schubert: String Quartet D minor 'Death and the Maiden'

Monday 28 September - 21.00

St George's Country Club, Acharavi

(Situated on the eastern outskirts of Acharavi, between the main road to Kassiopi and the sea.)

Zahradník: String Quartet No. 2 D major

Debussy: String Quartet G minor

Smetana: String Quartet No. 1 'From my life'

Admission €15, from St George's Bay Country Club (26630 63203) or at the door. Wines will be available at interval (not included).

Wednesday 30 September - 21.00

Casa Lucia, Sgombou - A Baroque Music Candlelight Concert

(On the Paleokastritsa road. Turn left 2 km past Tzavros and follow the sign to Casa Lucia.)

Pachelbel: Canon

Albinoni: Adagio

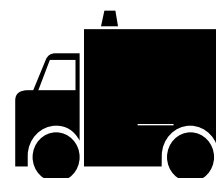
Bach: Concerto for two violins

Man with Van

Removals

Rubbish

Removed



Neil

26630 92226

6977 161036

MUSIC FEATURE

Telemann: Concerto for viola and strings
Richter: Adagio and Fuga G minor
Couperin: Five Concert Pieces
Admission €18. Wine and mezes at interval.
Reservations Casa Lucia (26610 91419) or on the door.

Friday 2nd October - 18.00

Trikline Winery - An evening of Czech Music at Sunset
(On the road from Corfu Town to Pelekas, Trikline Winery is on the left after the first hairpin bend.)

Suk: Meditation on the Czech chorale 'St. Wenceslas'
Smetana: String Quartet No. 2
Dvorak: String Quartet F major

Admission €15. Wine at interval not included.
For information phone Trikline Winery (26610 58184).
Ticket sales: Vrioni Music Instruments, Mantzarou Street. Marios Music Corner at Michael Theotoki Street in the Old Town. Antikairoi shop in the Town Hall Square.



Saturday 3 October - 18.00

Glinavos Winery and Zitsa Monastery, Northern Greece - Byron 200th Anniversary concert

Haydn: String Quartet C major 'Emperor'

Schubert: Quartetsatz C minor

Beethoven: String Quartet C-sharp minor

During the concert there will be readings from Byron's famous Stanzas written in Zitsa and Glinavos.

Champagne at interval.

Sunday 4 October - 18.30

A charming square in the Old Town of Corfu
(1st Parados St Spiridon and Butrint Street 17)

Haydn: String Quartet No. 5

Mozart: String Quartet F major

Dvorak: String Quartet 'American'

A limited number of invitations only. Phone Dr Spiros Giourgas on 69443 42020

Chamber Music Holidays and Festivals wish to thank their sponsors and hosts for the concerts: International Rent-a-Car, Kappa Vita Tourist Enterprises, Glinavos Winery in Zitsa, Dr Anthony Stevens, Mr Fried Aumann, Dr Spiros Giourgas, Valerie Androutsopoulou, Trikline Winery.

'Thank you so much for a splendid holiday. Your formula is spot-on, combining all the elements of a first class holiday - good hotel, excellent excursions, everything taken care of - together with the superlative music component. The musicians contributed so much, with their enthusiastic coaching, their high level concerts and their warm participation in all the social activities. Such a nice group of people.'

Sara Manobla, Israel.

Left: The Kocian Quartet in concert with Odysseus Karidis at Casa Lucia

AGIOTFEST 09 PROGRAMME

Agios Ioannis Square

Saturday, 12 September

Gates open: 18.00

18.30 The Good Old Boys, introducing Jemma Bartlett

19.30 Omega 5

20.30 East Of Memphis

21.30 The Dylan Project

23.30 Draw for the raffle

Timings may vary slightly on the evening.

Food and drink will be on sale from the Cultural Association building all evening.

AGIOTFEST 09 is proud to be associated with:

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The Cultural Association of Agios Ioannis

The Corfiot Magazine

The British Corner Shop

The Corfu Club

Island Radio

Spear Travels

XpatAthens.com

Asian Spa

Spiros & Vasilis Restaurant, Agios Ioannis

www.Daylong.co.uk

AGIOTFEST 09 RAFFLE

First Prize:

One week's stay for up to 7 persons in Villa Theodora, Agios Ioannis, during May 2010 (travelling expenses not included).

Plus some surprises!

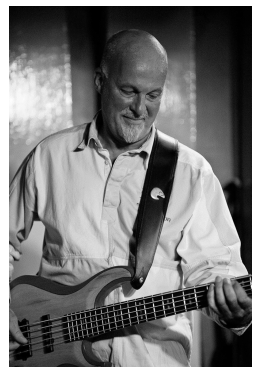
Ticket Price: €3.00

AGIOTFEST kicks off on Monday 7 September with 'Serenade', a concert with Ria Georgiades on flute and Dr. Lionel Mann on Organ, which takes place at Villa Theodora, Agios Ioannis, starting at 20.00. Among others, the recital will feature works by Bach, Mozart, Schumann, Telemann and Liszt. Tickets cost 15 euros and include Indian food served during the interval.

AGIOTFEST 2010

Among artists 'pencilled in' for 2010 are Maddy Prior and Steeleye Span, Tir na Nog, the Bad Shepherds and the full complement of Fairports. Possibly a well-known Greek performer will also take the stage. BUT it all depends on this year being a success. So come along and join us!!!

Right: Bassist Dave Pegg, of Fairport Convention and ex-Jethro Tull. Photo by Ben Smith



Saucy Sausages!

The UK Food Nazis' latest enemy is processed pork products. Parents are being ordered not to put ham sandwiches in their kids' lunchboxes, for fear that the naughty pork will cause bowel cancer in later life (even though no definite causal link exists). Sausages and other processed meats are also out.

It really depends on the quality of the pork products. If you buy the ready-sliced, packeted, bright pink stuff tasting of salt and water which passes for ham in the supermarket, it's certain the bath of chemicals they're processed with is not going to do you any good. Same with additive-rich, mass-processed sausages.

Readers of the August edition will remember that I recommended the products of Corfu's processed pork factory, on the Paleokastritsa road at Sgombou (the building with the funny oval windows between a petrol station and a ceramics workshop). I have particular praise for their sweet-cured pork loin. Buy a whole one and slice it as required; unlike the flabby ready-sliced 'ham', it keeps for a month in the fridge. It is visibly real meat, of firm texture and a healthy pink colour, in contrast to the stuff made from the last scrapings off the pork bones and other 'bits' which are reconstituted as so-called 'ham'.

The factory outlet sells on a retail basis, and while the outlay is higher at the start, pound for pound the products are actually substantially less expensive than buying ready-sliced packets.

Same goes for sausages; always look for quality - it's worth it both for your health and for the taste. AB Supermarket at Kontokali has a rack with a very good variety of sausages from small producers, which can be recommended for the recipes below. Avoid the coarse Corfu village sausage as it's much too spicy. I found the Lefkada Sausage to be perfect in taste and texture.

Above all, ignore those Food Nazis - as long as you stick to good quality produce and exercise moderation, their directives do not apply to you.

Sausages with Red Cabbage

2 cloves garlic, 8 tablespoons olive oil, 700 gr red cabbage, 500 gr sausages, salt and black pepper

Chop the garlic and place in a large saute pan with the olive oil. Turn the heat to medium and saute until the garlic turns gold. Have the cabbage ready, sliced into thin strips. Add to the pan and turn a few times so that it is well coated with the oil. Keep cooking over medium heat, stirring frequently until the cabbage is much reduced in bulk but still slightly al dente.

While the cabbage is braising, cook the sausages. Puncture their skins in a few places and place in a small frying pan over medium heat. Turn them as they cook until they are nicely browned all over. Set aside.

When the cabbage is al dente, add the sausages to the pan and season well. Continue cooking for another 20 minutes, turning the sausage and cabbage from time to time. Serve hot.

Sausages

with Onions, Tomatoes and Green Pepper

4 tablespoons olive oil, 225 gr finely sliced onion, 225 gr tinned Italian plum tomatoes (chopped with a little of their juice), salt and black pepper, 450 gr sausages, 1 green pepper

Put the onion and oil into a saute pan and stir well. Place on a medium heat and cook, covered, until the onion wilts and becomes much reduced in bulk. Uncover the pan, turn up the heat and saute until the onion turns deep gold in colour.

Add the tomatoes, season and reduce the heat to medium. Stir well and cook for about 20 minutes until the tomatoes separate from the oil.

With a fork, puncture the skins of the sausages in a few places and add to the pan. Add the green pepper, seeded and cut into thin strips and cook for 20 minutes, turning the sausages from time to time. Serve immediately with crusty bread.

Sausages with Red Wine and Dried Mushrooms

25-30 gr dried mushrooms (available at AB Supermarket by the vegetable racks), 1 tablespoon olive oil, 1 tablespoons dry red wine, 700 gr sausages

Soak the mushrooms for 30 minutes in a bowl with 450 ml water. After soaking, lift them out carefully and rinse well. Filter the soaking water through a strainer lined with kitchen paper to remove all the grit. Reserve the water.

Choose a saute pan into which the sausages will fit in a single layer. Pierce the sausage skins in a few places and place them in the pan with the oil. Over medium heat, brown the sausages well on all sides.

Add the red wine, turning the heat down so that it bubbles gently. Turn the sausages from time to time.

When all the wine is evaporated, add the mushrooms and their filtered soaking water. Cook at a gentle simmer, turning the sausages and mushrooms occasionally, until the water has completely evaporated. With a wooden spoon, scrape loose any cooking residues from the base of the pan.

Serve the sausages and their juices over hot mash.

Baked Sausage

with New Potatoes and Cheese

500 gr good quality plain pork sausages, 750 gr small new potatoes, 2 onions, 1 tablespoon olive oil, 100 gr cheddar cheese, salt and black pepper

Cut the sausages into three chunks. Cut the potatoes in two if small, or slice the thickness of a finger if larger. Chop the onions roughly. Grate the cheese.

Mix all the ingredients except the cheese in a large bowl, making sure that the olive oil has coated the sausages, potatoes and onions. Lightly season with salt and black pepper.

Spread the mixture in a high sided baking tray and bake in a pre-heated medium oven for 45 - 60 minutes, stirring once or twice.

Cover with grated cheese, check seasoning and cook a few minutes more until the cheese has melted.

Serve with peas or a green salad.

Cumberland Sausage

If you can get Cumberland Sausage, you are in for a treat. Place the sausage in a coil in a round baking dish (for example Pyrex) with a couple of tablespoons of water and bake in a medium oven for about 35 minutes, basting frequently.

It is great served like this:

1) BRAISED RED CABBAGE AND ONION/MUSTARD SAUCE. For the cabbage, cook according to the 'Sausages with Red Cabbage' recipe, using a finely sliced medium onion instead of the garlic and adding a couple of peeled and sliced apples 5-10 minutes before the cabbage is ready - cover the pan after you put in the apples. Any braised red cabbage is even better cooked in advance and reheated.

For the onion/mustard sauce, cook 2/3 very finely sliced onions in olive oil over a very low heat with the pan tightly covered. Stir frequently until the onion loses most of its bulk and turns almost into a puree. It should be a nice deep golden colour - if not, raise the heat, uncover the pan and saute for a few minutes. Sprinkle with a tablespoon of flour and stir for a minute or two as if making a roux.

Remove from the heat and start to add a beaker of hot milk, little by little as if making bechamel. Once about half the milk is added, place back on the heat. You can now add the rest. Stir continuously until it comes to a simmer, then lower the heat and simmer very slowly for 5-7 minutes until it thickens. You may have to add more milk if it is too thick, or simmer a little longer if it is watery. You care aiming for a medium cream texture. Season well, using plenty of black pepper, and add mustard to taste. You may also like to add a pinch of Colman's to give it a bite.

2) MASH AND ONION GRAVY. Make onion gravy in exactly the same way as the onion/mustard sauce, cooking the roux until it just begins to brown. Use stock instead of milk and omit the mustard. Or you can just add Bisto dissolved in hot water to the onion puree; it will 'brown and thicken' the gravy by itself!

A baked potato is a nice additional accompaniment.

3) TREAT THE CUMBERLAND SAUSAGE LIKE COTECHINO (a rough Italian pork sausage) and serve with boiled brown lentils, drained well and dressed with the fatty juices from the sausage and a good pinch of black pepper.

The history of teaching Maths in the UK

TEACHING MATHS IN 1970 A logger sells a truckload of timber for £100. His cost of production is 4/5 of the price. What is his profit?

TEACHING MATHS IN 1980 A logger sells a truckload of timber for £100. His cost of production is 80% of the price. What is his profit?

TEACHING MATHS IN 1990 A logger sells a truckload of timber for £100. His cost of production is £80. How much was his profit?

TEACHING MATHS IN 2000 A logger sells a truckload of timber for £100. His cost of production is £80 and his profit is £20. Your assignment: Underline the number 20.

TEACHING MATHS IN 2005 A logger cuts down a beautiful forest because he is selfish and inconsiderate and cares nothing for the habitat of animals or the preservation of our woodlands. Your assignment: Discuss how the birds and squirrels might feel as the logger cut down their homes just for a measly profit of £20.

TEACHING MATHS IN 2009 A logger is arrested for trying to cut down a tree in case it may be offensive to Muslims or other religious groups not consulted in the felling licence. He is also fined a £100 as his chainsaw is in breach of Health and Safety legislation as it is deemed too dangerous and could cut something. He has used the chainsaw for over 20 years without incident; however, he does not have the correct certificate of competence and is therefore considered to be a recidivist and habitual criminal. His DNA is sampled and his details circulated throughout all government agencies. He protests and is taken to court and fined another £100 because he is such an easy target. Meanwhile, travellers have cut down half his wood to build a camp on his land. He tries to throw them off but is arrested, prosecuted for harassing an ethnic minority, imprisoned and fined a further £100.

While he is in jail the travellers cut down the rest of his wood and sell it on the black market for £100 cash. They also have a leaving BBQ of squirrel and pheasant and depart, leaving behind several tonnes of rubbish and asbestos sheeting. The forester on release is warned that failure to clear the fly tipped rubbish immediately at his own cost is an offence. He complains and is arrested for environmental pollution, breach of the peace and invoiced £12,000 plus VAT for safe disposal costs by a regulated government contractor.

Your assignment: How many times is the logger going to have to be arrested and fined before he realises that he is never going to make £20 profit by hard work, give up, sign onto the dole and live off the state for the rest of his life?

TEACHING MATHS IN 2010 A logger doesn't sell a lorry load of timber because he can't get a loan to buy a new lorry because his bank has spent all his and their money on a derivative of securitised debt related to sub-prime mortgages in Alabama and lost the lot with only some government money left to pay a few million pound bonuses to their senior directors and the traders who made the biggest losses.

The logger struggles to pay the £1,200 road tax on his old lorry. However, as it was built in the 1970s, it no longer meets the emissions regulations and he is forced to scrap it. Some Bulgarian loggers buy the lorry from the scrap merchant and put it back on the road. They undercut everyone on price for haulage and send their cash back home, while claiming unemployment for themselves and their relatives. When questioned, they suddenly speak no English, and it is easier to deport them at the government's expense than take them to court.

Following their holiday back home, they return to the UK with different names and fresh girls and start again. The logger protests, is accused of being a bigoted racist and as his name is on the side of his old lorry he is forced to pay £1,500 registration fees as a gang master.

The Government borrows more money to pay more to the bankers as bonuses are not cheap. The parliamentarians feel they are missing out and claim the difference on expenses and allowances.

You do the maths.

TEACHING MATHS IN 2017 رالود 100 لجا نم ببش خلا نم فنحاش طومح عيب ل ج س مل ا 2017 نم جاتنالا قفلكت ب

INFORMATION

POST OFFICE

Alexandras Avenue.
Open 07.30 - 20.00. Stamps for
Europe 70 lepta

TOURIST POLICE Samartzi 4, San
Rocco Square. Tel. 26610 30265

EMERGENCY TELEPHONES

Police	100
Traffic Police	26610 39294
Port Police	26610 30481, 26610 32655
Fire Brigade	199, 191
Radio Taxi	26610 33811-2
Animal Welfare (ARK)	26610 32111 26610 43332 26610 34628

CONSULATES

Great Britain	26610 30055 & 23457
Holland	26610 39900
Germany	26610 31452
France	26610 26312 & 26630 22500
Italy	26610 37351
Denmark	26610 38712
Norway	26610 39667 & 32423
Sweden	26610 31386 & 36241
Switzerland	26610 39485
Eire	26610 32469 & 39910
Finland	26610 93438

CHURCHES

Anglican (Holy Trinity Church): 21
Mavili St. Tel. & Fax: 26610 31467.
email: holytrin@otenet.gr
Website: www.holytrinitycorfu.net
Sundays 10.30 Holy Communion &
Children's Sunday School. 1st, 3rd &
5th Sundays at 7pm: Songs of Praise
Roman Catholic Cathedral of St
James: Town Hall Square. Sunday
Mass at 8.30, 10.00 & 19.00
Evangelical Church of Greece: 3
Iakovou Polila St. Tel.: 26610 37304.
Sunday Morning Service 11.00.
Evening Service 7.30. email: EV-CH-
OF-CO@ker.forthnet.gr

SPORTS

Walking Information	6948 889174
Mountainbike Hire	26610 93344
Golf Course	26610 94220
Dafnila Tennis Club	26610 90570

MEDICAL SERVICES

Corfu General Hospital	26610 88200
Private General Clinic	26610 36044
Ambulance	166

PLACES TO VISIT

Regional National Health Surgeries

Agios Mattheos	26610 75110
Gastouri	26610 56153
Giannades	26610 51210
Kastellani	26610 54333
Kato Garouna	26610 53000
Strongili	26610 75200
Agros	26630 71201
Ano Korakiana	26630 22123
Velonades	26630 71343
Gimari	26630 91395
Doukades	26630 41555
Karoussades	26630 31377
Kassiopi	26630 81238
Makrades	26630 41368
Lefkimmi	26620 23333
Argyrades	26620 51421
Perivoli	26620 22196

Need a reliable weather forecast?

A detailed five-day forecast is at:

www.corfunet.com/weather/index.php

IN CORFU TOWN

ARCHAEOLOGICAL MUSEUM Diverse exhibition of Corfu's
archaeological heritage, including Gorgon Pediment. 1, Vraila St., near
Corfu Palace Hotel. Open 8.30-15.00 except Mondays

BYZANTINE ART MUSEUM Fabulous Byzantine and post-Byzantine
icons. Church of Antovouniotissa, just off Arseniou St. Open 8.30-15.00
except Mondays

SOLOMOS MUSEUM A collection of memorabilia of the Greek
national Poet. Arseniou St. Open 09.30-13.00 weekdays

MUNICIPAL ART GALLERY Corfu Artists of the 19th & 20th centu-
ry. Also changing exhibitions of modern art. Palace of Saint Michael and
Saint George, East Wing. Open 09.00-21.00

OLD FORTRESS Site of the original town, with battlements and bas-
tions and the best view of Corfu Town. **BYZANTINE ART MUSEUM**
and **MUSEUM COPIES SHOP** (closes 14.00). Entrance from the
Esplanade Square. Open every day, 08.30-19.00

NEW FORTRESS Built by the Venetians and British, a stunning work
of military engineering. **MUSEUM OF CERAMICS**. Entrance from
Solomos Street. Open every day, 10.00-19.00

PALACE OF SAINT MICHAEL & SAINT GEORGE Built in 1823
as seat of British government, with impressive official rooms. Contains
MUSEUM OF ASIAN ART, a world class collection of thousands of
art objects from far eastern countries, beautifully displayed and present-
ed in context. Esplanade Square, North End. Open daily 08.30-15.00.
Closed Mondays

BRITISH CEMETERY Lovely garden containing graves from the
British Protectorate to the present. Interesting plants and trees, and fine
cemetery architecture. Entry is free - please leave a generous contribu-
tion to its upkeep. Kolokotroni Street. Open all day

VIDOS ISLAND Off Corfu Town, an extensive, traffic-free islet with
lots of walks and beaches, plus Serbian Mausoleum and fortresses. Good
restaurant. Caique service every half-hour from the Old Port until late
MON REPOS Birthplace of the Duke of Edinburgh. **MUSEUM OF**
ARCHAEOLOGY, REGENCY DESIGN AND BOTANY. Extensive
park with paths and ancient temples. Grounds open daily 08.00 - 18.00,
Museum open 08.30 - 15.00, closed Mondays

PATOUNIS SOAP FACTORY Traditional olive oil soap factory, over
100 years old. 9, Ioanni Theotoki Street, San Rocco Square. Open shop
hours. Tel. 26610 39806

IN THE COUNTRY

ACHILLION PALACE Corfu's most famous building displays memo-
rabilia of its previous owners, Empress Sissi of Austria and Kaiser
Wilhelm II of Germany, plus lovely gardens. Gastouri Village. Open
daily 08.00 - 19.00

FOLK MUSEUM OF CENTRAL CORFU A village house left intact
with its original decorations, furniture and fittings. Sinarades Village.
Open every day except Sunday 09.30 - 14.30. Tel. 26610 35673 / 44530

PALEOKASTRITSA MONASTERY A small museum with icons and
other relics, as well as some curiosities. Paleokastritsa, end of the road

CORFU SHELL MUSEUM One of Europe's best museums dedicated
to the treasures of the sea. Thousands of exhibits, scientifically labelled.
Benitses Harbour Square, north end. Open every day 10.00 - 20.00

TRIKLINO VINEYARD Agricultural tradition and local products.

Video showing olive and wine production. Wine tasting, traditional
snacks and music. Walk through vineyards with panoramic views.
Karoubatika, on Pelekas Road, 6 km from Town. From 12.00 daily

CORFU DONKEY RESCUE Charity that takes care of old abandoned
and abused donkeys. Phone 6947 375992. Gavrolimni, near Poulades -
follow the signs

KASSIOPI CASTLE Ruins of a medieval castle stand on the headland
above the harbour of Kassiope. Access is indicated from near the
Harbour Square. Currently under reconstruction.

ANGELOKASTRO Dramatic ruins of a Byzantine castle, capping a
rocky peak. Currently being reconstructed. Near Krini

GARDIKI FORTRESS Extensive ruins of a Byzantine fort, located
near the village of Agios Mattheos in the south. Reach it by taking the
road to Lake Korission.

GARDIKI CAVE Occupied by humans around 20,000 BC, near
Gardiki Fortress. Reached by a short path from the road between Agios
Mattheos and Paramonas.

CLASSIFIED

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PINE BUNK BEDS varnished, in good condition with two mattresses, one brand new (Mattress Factory 100 euro) accept 145 euro the lot, but will split if needed. Email domestic@btinternet.com

INTERIOR DOORS Two beautiful old mahogany (?) solid doors for interior use. Call 6934 396335 for appointment to view.

ANTIQUES Three floors of village-style antiques and various old bric a brac. Call 6934 396335 for appointment to view - serious customers only please

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PAINTING & DECORATING Woodwork. Pool & garden maintenance. Call Klaus 6942 449049

PERSONAL

MEN'S CIRCLE is an open discussion group. Here we can talk together in trust and confidentiality about every issue that touches us. The main topic is the improvement of relationships whether personal, professional or family etc. We exchange views with respect and understanding, offering each one the opportunity to speak and express himself. For information contact: Bruce McAlpine (6907 916270), Aris Anthiis (6996 444469) or: men.corfu@gmail.com

HOMOSEXUAL HELP LINE CLUG (Corfu Lesbians and Gays). Information line: 6934 903726 or email us at corfulg@yahoo.gr We support any people in Corfu with Gay / Lesbian / Bi / Trans information

IF YOU ARE CONCERNED ABOUT YOUR DRINKING and would like to talk to someone who understands, or if you are interested in helping to start an AA group here, please call 210 800 1073.

DOES SOMEONE CLOSE TO YOU HAVE A DRINK PROBLEM? To help someone, you need to help yourself first. Al-Anon family groups give courage, comfort and support to the partners, families and friends of alcoholics. The Corfu group meets on Monday at 8.00 pm. Any Greek speaker welcome. Call 26610 38776 or 26610 23871 between 08.00 and 13.00 weekdays

ARE YOU FREE AND ACCEPTED BUT WITHOUT A MOTHER? Then contact WB on 6945 717223

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BABYSITTING Mature Englishwoman offers babysitting services.

Evenings only. Corfu Town and surrounding villages. Susan Skoupoura 26610 48015.

SEMI-RETIRED LADY WANTS WORK Villa maintenance, looking after pets, anything considered within easy reach of Aqualand. Replies to: maria@soundofmusic.plus.com

Small ads (for sale and offers categories) are only accepted if paid for in advance. Copy BY EMAIL ONLY, written direct on the document. No attachments and do not write in capital letters please, except where you would normally use caps. Leave your payment (5 euro up to 50 words) by advance telephone arrangement at Typoekdotiki Printshop at Alikes, near Mothercare.

RENTALS

GARDELADES Pretty house near quiet village square. Two bedrooms, large sun terrace. Road access and parking close. 400 euro p.m. Tel. 6945 556821

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GIANNADES Renovated house in sunny edge-of-village setting, with roadside parking, great country views from two balconies, small yard. Two bedrooms, separate lounge and kitchen. 400 euro p.m. Tel. 6945 556821

ANO KORAKIANA Renovated house, 2 bedrooms, plus separate guest studio. Roof terrace with sea view, road access. Tel. 6930 422917

SGOMBOU Three-floor maisonette in very peaceful countryside location. One acre garden. 450 euro p.m. Tel. 6934 396335

Search Engine Optimisation (SEO)

Let's start with some statistics: There are 1.3 billion Internet users. Over 85% of these start at a search engine and less than 25% will go beyond the top 10 search engine results. Top 10 results get 80% more traffic than those ranked in the 11-30 spots.

Even the most beautifully-designed site won't do you much good if potential customers can't find it. That's where Search Engine Optimisation (SEO) comes in. SEO helps ensure your site is more visible in the search engines, drive qualified traffic to your website, and convert that traffic into actual customers. In short, SEO increases your website's rankings in the search engines by making the pages within your site more attractive to the search engines. The more attractive your site is to Google, the higher its rankings in the search engine results pages. And the higher your rankings, the more likely users will visit your site. Obviously, a site with a result on Page 1 of Google is going to get more traffic than a site buried on Page 14. If your site is missing from the top search results, then you may not be maximising your ability to generate new business and increase the income from your website.

SEO consists of several key elements that work together to generate increases in a website's rankings, traffic and conversion from visitor to customer: Namely, Keyword Selection, Copywriting, Link Building, HTML Optimisation and Analytics. Let's take a look at each element in more detail.

KEYWORD SELECTION The foundation of any SEO campaign is good keyword research. That's because targeting the right keywords is essential to getting your SEO on the right track. If you sell silver ladies watches, then you're going to want to rank in the search engines for the phrase "silver ladies watches" and other similar phrases. If you target the wrong keywords, then you may not get visitors who want what your site has to offer.

COPYWRITING Getting potential customers to your site is only half the battle; you've still got to convince them to buy. That's where persuasive copywriting comes in. Be sure to tell people why they need your products or services. The search engines like content, so you also need to optimise your copy to include your keywords.

LINK BUILDING Link building is like a big online popularity contest and search engines like popular sites. Your success in the search engines depends, in part, on the amount of relevant incoming links to your site. Of course, having lots of good links also drives more customers to your site. Links can come from various sources, including directories, business partners, organisations, social media sites, etc.

HTML OPTIMISATION HTML is the hidden code behind your website. Title tags, header tags, Alt tags, Meta-descriptions may not mean much to you but they are bread and butter to the search engines who want your site's HTML to be descriptive and clean. Search engines want to know exactly what your page is about; they don't want to sort through a bunch of extraneous code to figure it out. That's why you'll hear SEO professionals talk about the importance of having clean code and how to use CSS (Cascading Style Sheets) to make that happen. Truetype Web Solutions is rightly proud of its HTML coding and all its sites are designed using CSS.

MEASURING SUCCESS No SEO campaign is complete without analytics. After all, if you aren't measuring things like traffic, link popularity, and conversions, then how do you know if your SEO strategies are working? If your current site management company isn't providing you with detailed analytic statistics maybe you should be asking why.

How Do We Put All This Into Practice?

An effective SEO campaign should include each of the five SEO elements listed above. Here at Truetype Web Solutions all our projects give design and SEO equal importance. This means that new sites have an immediate advantage over those of our competitors who do not include ongoing SEO as part of their service.

Truetype Web Solutions' speciality is designing and optimising cheap, but highly efficient and visible websites. Our websites enjoy high rankings on the search engines and we are proud of our close personal relationship with all our clients.

As well as getting new projects online, we also offer a popular SEO service for existing sites. We have been approached by many clients who simply want their existing website to perform better on the search engines. Sometimes this necessitates a complete redesign, but in many cases some basic SEO has resulted in dramatic results in both ranking and traffic.

The starting point is to contact us and request a FREE and objective analysis of your existing website, pointing out any SEO defects and suggesting ways in which it could be improved. If you have any queries regarding your site or our services, please don't hesitate to get in touch with us. You can also visit our website where you will find a wealth of information about website design, search engines and the Internet, as well as a portfolio of some of our latest work.

Truetype Web Solutions

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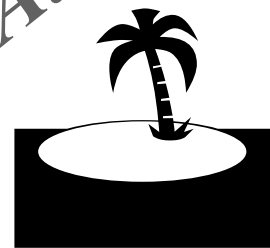
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